

Indonesia: Sport as a tool for value education to achieve national development goals

Project name	Sport for Development, Indonesia
Commissioned by	German Federal Ministry for Economic Cooperation and Development (BMZ)
Partners	Indonesian Ministry of Education, Culture, Research and Technology; international, national and local football federations and associations (DFB, FFA, PSSI); Indonesian universities; Microsoft Education Indonesia
Periode	May 2018 – December 2021

Context

According to Indonesia's Presidential Instruction No. 12/2016, value education and conveying life skills are part of the 'national framework for mental revolution' for strengthening national character in order to achieve national development. In 2016, the Indonesian Ministry of Education and Culture (MoEC) launched a nationwide character-building initiative in education systems (*Penguatan Pendidikan Karakter, PPK*), naming sport as one of four dimensions of character-building in schools. In 2020, the Ministry further substantiated *Profil Pelajar Pancasila*, a national programme aiming to achieve high quality human resources through improvement of students' characters.

The 'Sport for Development' approach

The United Nations recognise sport internationally 'as a means to promote education, health, development and peace'. 'Sport for Development' (S4D) uses all forms of sport, physical education, games and physical activity intentionally to pursue non-sporting development outcomes based on the United Nations Sustainable Development Goals (SDGs).

Taught in an educational and context sensitive manner, sport and physical activity allow children and young people to lead healthy lives. Sport also teaches them to take on responsibility, collaborate, behave fairly and resolve conflicts peacefully, and fosters participation of all genders. These are key skills that will support them positively on their way forward in personal and professional life.



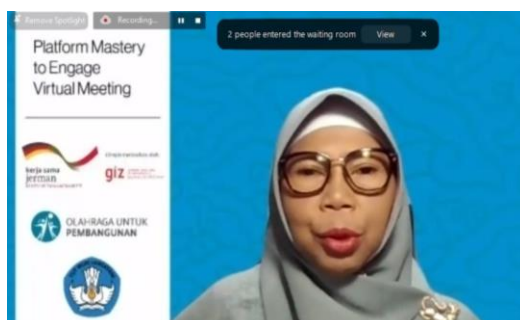
Together with local and international partners from the fields of policymaking, civil society, business and academia, German Development Cooperation has built up a sustainable S4D portfolio that promotes intersectoral cooperation and knowledge transfer. This way, sport serves as an innovative instrument that drives holistic sustainable development – for each individual child and for society as a whole.

'Sport for Development' in Indonesia

German Development Cooperation – in collaboration with the Indonesian Ministry of Education, Culture, Research and Technology (MoECRT, formerly MoEC) and other international and national actors – implements the multi-actor partnership 'Sport for Development – Olahraga untuk Pembangunan' in Indonesia.

The aim is to establish sport – such as football, volleyball, gymnastics and traditional games – as a tool and method to improve the quality of value education, life skills promotion and health education for children and youth in the Indonesian education and sport structures. The cooperation does not focus on elite sports or individual talent promotion but on 'sports for all' to better educate girls and boys in Indonesia and to contribute to national development goals. It also focuses on strengthening structures and enabling environments for the integration of physical activity in educational settings.

In this context, the programme provides capacity building support to combine sport-pedagogical measures and national development goals. It creates learning environments and trains sport coaches, instructors and teachers to apply the sport-pedagogical concept in their work. The qualified multipliers are then encouraged to promote important values and life skills to children and youth through regular fun physical activities and by creating safe learning settings.



Left to right:

Teachers who participated in 'D-license&S4D' courses learned to use games and fun activities to teach life skills development through football (Maluku, 2018)

S4D programme maintains its relevance during the COVID-19 pandemic by providing online capacity building activities, including for staff of the MoECRT Directorate of Primary Schools (video conference, 2021)

Children during an S4D dribbling game which also taught them to make healthy lifestyle decisions (East Java, 2018)

Furthermore, the programme also advises counterparts in the Ministry on the development of integrated S4D monitoring and evaluation frameworks and practice tools in cooperation with the German Sport University Cologne. During the COVID-19 pandemic, the S4D programme maintains its relevance in promoting healthy living among teachers and students through various online activities.

Partners

German Development Cooperation activities in the field of 'Sport for Development' in Indonesia are carried out in cooperation with the following organisations:

- Ministry of Education, Culture, Research and Technology (MoECRT) of Indonesia
- Football Association of Indonesia (PSSI)
- German Football Association (DFB)
- Football Federation Australia (FFA) on behalf of the Department of Foreign Affairs and Trade, Australia (DFAT)
- Indonesian Universities (BINUS University, Universitas Negeri Surabaya, Universitas Negeri Yogyakarta)
- Microsoft Education Indonesia

Successes to date

Within the S4D partnership, experts from DFB, FFA, AFC, FIFA and GIZ consulted with PSSI in 2018 to enrich the curriculum of the Indonesian grassroots football license (D-license) with methods combining basic football skills with development topics related to life skills, health and violence-prevention. 35 PSSI instructors were introduced to the approach in two instructor refresher courses. These instructors then delivered 18 one-week 'D-license&S4D' courses in East Java and Maluku.

By late 2018, around 380 female and male teachers from the two provinces completed their 'D-license&S4D' trainings in addition to 155 female and male coaches. The trained instructors, teachers and coaches are empowered as multipliers to promote education, health and value education for young people through sport in schools and communities in Indonesia.

40 staff members of MoECRT and Education Offices at the district levels joined two workshops on S4D monitoring and created a framework for evaluation supported by the German Sport University Cologne in 2019. A questionnaire developed during the workshops was used in a survey with the teachers who participated in the 2018 'D-license&S4D' trainings. The survey, conducted in late 2020, showed that out of 228 survey participants, 98% claimed that they still applied S4D materials in school (intra and extra-curricular) activities.

The S4D programme publishes joint teaching and learning materials to promote the use of sport as a quality educational tool for

children's social and personal development. In close collaboration with the MoEC, the programme completed a practical guideline for primary school teachers to implement fun and inclusive 'learning through sport' activities and to promote football for value education in 2019. In 2021, the S4D programme together with partners from Indonesian universities also developed an e-learning module for teachers. This web-based training qualifies primary school teachers to promote *Profil Pelajar Pancasila* through sport in schools and is hosted on the website of the MoECRT Directorate of Primary Schools.

Furthermore, the S4D programme works with partners to initiate various promotional and capacity-building activities to mainstream the S4D approach. During the COVID-19 pandemic, the programme supported MoECRT in the development of distance learning materials of 'Sport for Health' and 'Sport for Violence Prevention', and participated in working groups for 'extracurricular focus activities'.

As part of the GIZ global campaign to celebrate the international day for Sport for Development and Peace in 2020, the programme ran a 'stay home stay active' social media campaign with partners in Indonesia to promote healthy lifestyles and physical activity during the first large-scale social restrictions (*Pembatasan Sosial Berskala Besar*, PSBB) period of the COVID-19 pandemic.

In collaboration with Microsoft Education Indonesia, the S4D programme hosted three webinars for teachers to promote physical activities, hygiene and health, and value education through sport. Similarly, the '*Gerak lagi, yuk*' joint webinar with MoECRT and German Olympic Sports Confederation (DOSB) to promote physical activities for primary school children during remote learning due to the pandemic and when schools re-open was a huge success with over 3,300 YouTube viewers.

The S4D approach has been implemented cross-cuttingly in different sectors in Indonesia. In 2019, in the context of sustainable tourism and employability, German Cooperation's Innovation and Investment for Inclusive Sustainable Economic Development (ISED) programme conducted a three-day soft skills course with S4D methods for 20 employees of hotels in Lombok, West Nusa Tenggara. In 2019-2020, the programme partnered with the Forest and Climate Change Programme (FORCLIME) to upgrade sports infrastructure in two communities in Berau, East Kalimantan.

Participants from Indonesia also joined the global 'S4D and Gender' training in early 2021 as part of the cooperation with the Technical and Vocational Education and Training System Reform Project (TSR). The two vocational school teachers from the province of Aceh led three online 'S4D and Gender' sessions in mid-2021, for 36 female vocational school students and 6 teachers as part of the 'Women and Girls Innovation Camp' – an event aimed at motivating young women in science, technology, engineering and mathematics professions.

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