## Spider Web

## [1]



## TIMING

- +/- 20 mins


## EQUIPMENT

■ Rope, posts, bibs

## SETUP

- Use the ropes to setup a 'Spider Web' between two posts

■ The web can be set up between two goal posts, but two trees or other objects are just as good

- Make sure the holes are large enough for a person to fit through
- Make sure there is at least one hole per person


## DESCRIPTION

■ Objective - All participants must get from one side to the other side without touching the net. If they touch the net the spider wakes up and the team loses the game! [1-3]

- Each hole may only be used once
- Once the hole has been used, mark it with a bib, to show that it's closed [4]


## TRAINER TIPS

- Be aware that participants may be sensitive about physical contact and that maybe not everyone will want to take part other side without touching a


## Spider Web

## VARIATION

- Create some holes which are lower and larger and easier to get through
- Create some holes which are smaller or higher and harder to get through
- For younger participants, establish the rule that the web can't be touched for more than 2 seconds


## LEARNING and SKILLS DEVELOPMENT

- This activity is particularly useful in encouraging strategy, problem solving, effective communication and team work
- Participants need to create a strategy for their team. Assessing as a group which participants need to use the easier holes to pass through (e.g. because they are smaller), which participants can help others to manage a difficult task (e.g. because they are strong enough to lift someone) etc. $[5,6]$

■ The game can only be won if all team members bring in their specific abilities
Skills: Teamwork, Strategic Thinking, Problem Solving, Trust and Responsibility, Effective Communication,

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