

Guideline Focus Group Discussions (FGD)

1 Welcome and Procedure of FGD

- Welcome
- Information about the aim of this evaluation
- Protection of personal data, securing the anonymity of the participant
- Asking for permission of recording

2 Material

- Voice recorder if available (many smartphones have one included)
- Pens, blackboard, flip chart or A3 papers
- File cards or small sheets of paper
- Camera (to take pictures of the written results)
- Snacks and drinks

3 General Information

Aim: To get to know the participants (Name, age, siblings, since when you play football, etc.)

Introduction game/scenario (examples):

- On a boat:
 - Instructions:
 - i. Put chairs (less than participants) in a row
 - ii. All boys and girls must stand on the chairs
 - Aim: participants on the chairs must arrange themselves according to their age or first letter of their names without touching the ground (+without speaking a word...).
 - Objective: to encourage coordination, teamwork among them
 - Consider: Safety of chairs, ensure you have stable and secure chairs which individuals can stand on
- Spread of bacteria:
 - Instructions:
 - i. Spray perfume on your hand
 - ii. Shake hands with 3 to 4 players of your team
 - Demand: Smell your hands? Who smells perfume?
 - Objectives: Introduction for the topic "health"

Tell an ice-breaking story (examples):

- "A girl wants to be part of football team. Her parents don't allow her to take part. What would you do?"
- ➔ Start a little scenario/ role play
- ➔ Roles: Girl, parents, best friend in the team, coach...

4 Experiences

- Do you have similar experiences, like shown in the role play?
- Can you tell me some other good stories experienced with Galz & Goals? What stays in your mind if you think about Galz & Goals?

5 Attitude

- Facing different situations
 - Example: Imagine you are in a bar and you are being offered some drugs for the first time. What do you think about and what would you do or say?
 - ➔ **Speech Bubbles:** Write down your thoughts in speech bubbles about what you are thinking AND what you actually would say → display the ideas and discuss what it tells us about ourselves and our skills
- What do you like most during your training? What do you like less?
 - ➔ Write down on cards!

6 Knowledge

- What do you know about Life Skills?
- What do you know about HIV/Aids?
 - ➔ Do some brainstorming on a blackboard

7 Application/ Transferability/Change

- Is there anything what you learned through Galz & Goals what you can take into your future? What is it? (So you learn football tactics, techniques, life skills... What do you use of all the things you have learned in your daily life?)
 - ➔ Do some brainstorming on a blackboard
- What was the most important change in your life caused by Galz & Goals?
 - ➔ Write one change down on one card. We discuss + reduce the changes to **one** most important change (Why is this change the most important one for you?)

8 Wrap-up

- If you could make one recommendation for improving Galz & Goals, what would you say?
 - ➔ Everybody should write one recommendation on a blackboard
- Is there anything else that you would like to share about your participation in Galz & Goals that I have not asked?