

## Define a code of ethics with the athlete-citizens and sign a contract

Ethics are the basis of education. Apart from skills and abilities, the aim is to encourage the young people and teach them ethics, which will not only guide the coach but help the team be successful and achieve its aims. Ideally, an organisation should incorporate its values into the statutes, making them visible to all and informing parents and everyone else involved in the training process. If you don't already have one, you will need to create a code of ethics with the athlete-citizens, presenting it to the organisation's board of managers.

"What are the codes of ethics that could help our team and organisation?"

## Suggestion:

Me, (Name of the player), agree to respect this code of ethics of my club (name) at all times.

## 1. Respect for differences

Age, ethnicity, gender, sexual orientation, religion and politics should be respected.

# 2. Sport and private life go hand-in-hand

Competition must be balanced with the demands of schoolwork.

### 3. Responsibility and independence

Involving the athlete-citizens in important decisions.

# 4. Development with respect

All activities respect the maximum workload for the young people's age bracket and do not risk their physical and mental health.

#### 5. Education in fair play and care for the environment

Behaviour among the athlete-citizens and towards the environment should always be respectful.

## 6. Zero-tolerance policy on violence, exploitation and sexual abuse

All forms of violence, whether physical or mental, will be met with zero tolerance. Sensitivity must be shown and action taken when necessary.

#### 7. Anti-drugs and doping

Preventative recognition, with the coach's immediate intervention in any cases of consumption or distribution.

### 8. No smoking or drinking

Preventative initiatives on the risks and effects of consumption.

#### 9. Anti-corruption

Promote transparency in all decisions and procedures. Show how a good leader behaves and remain firm on conflict, bets, gifts and bribes.

I will invest all my power, heart and intelligence to honor this contract at all times!

Place, Date Signature