Galz & Goals – END OF SEASON - Player Survey

This questionnaire helps us understand whether Galz & Goals meets your information and health needs. Please answer truthfully. If you are not comfortable with a question, leave it out or mark the appropriate box.

All answers are confidential. DO NOT PUT YOUR NAME ON THIS SHEET.

Date (day/month/year) ____________________________
Name of your School ____________________________
Name of your Team ______________________________
What grade are you in? ___________________________
What league do you play? _________________________

What do you know? Carefully read the statements below. Are they TRUE or FALSE? Mark your answer ☑️.

1. If you have only one sexual partner, you are safe from HIV and other sexually transmitted infections. ☐ TRUE ☐ FALSE
2. Young women/girls are more likely to get HIV from unprotected sex than young men/boys. ☐ TRUE ☐ FALSE
3. You cannot fall pregnant when you have sex for the first time. ☐ TRUE ☐ FALSE
4. You can live with HIV for many years without feeling sick. ☐ TRUE ☐ FALSE
5. There is nothing a pregnant woman with HIV can do to protect her baby from the virus. ☐ TRUE ☐ FALSE
6. If you are 16 years old, you can get tested for HIV without your parents. ☐ TRUE ☐ FALSE
7. When it comes to HIV, sex with an older man is riskier than with a partner your own age. ☐ TRUE ☐ FALSE
8. I can easily get information about HIV/AIDS, contraception and sexual health. ☐ TRUE ☐ FALSE

Know your skills! Do you recognize the skills described in the examples below? Read carefully and mark your answer ☑️.

9. Thinking about what the most important things to focus on are in your life right now is an example of...
   ☐ USE YOUR VOICE ☐ P-G-P ☐ COME TO PLAY

10. Thinking about options and consequences before making a decision is an example of...
    ☐ LOOK & LIST ☐ STAY IN THE GAME ☐ BUILD YOUR TEAM

11. Taking a stand for what you believe in is an example of...
    ☐ COME TO PLAY ☐ USE YOUR VOICE ☐ STAY IN THE GAME

12. Developing a study schedule to help you stay on top of your studies is an example of...
    ☐ USE YOUR VOICE ☐ P-G-P ☐ COME TO PLAY

13. Staying at home to be ready for the next day’s game, even when there is a big party is an example of....
    ☐ LOOK & LIST ☐ STAY IN THE GAME ☐ USE YOUR VOICE

14. Having at least one person in your life that you can always ask for help is an example of...
    ☐ USE YOUR VOICE ☐ STAY IN THE GAME ☐ BUILD YOUR TEAM
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**What do you think?** Carefully read the statements below. Do you agree or disagree with them? Mark your answer.

15. In a relationship, partners should take important decisions together.
   - [ ] AGREE
   - [ ] DISAGREE
   - [ ] NOT SURE

16. In some situations, a man/boy has the right to hit his partner.
   - [ ] AGREE
   - [ ] DISAGREE
   - [ ] NOT SURE

17. A girl can have a boyfriend without having sex.
   - [ ] AGREE
   - [ ] DISAGREE
   - [ ] NOT SURE

18. I feel comfortable around people that I know are HIV positive.
   - [ ] AGREE
   - [ ] DISAGREE
   - [ ] NOT SURE

19. In a group, I feel I have to do what everyone else does.
   - [ ] AGREE
   - [ ] DISAGREE
   - [ ] NOT SURE

20. When I make a decision, I can stick to it.
   - [ ] AGREE
   - [ ] DISAGREE
   - [ ] NOT SURE

21. I can set goals for myself and reach them.
   - [ ] AGREE
   - [ ] DISAGREE
   - [ ] NOT SURE

22. I am comfortable asking for help if I do not know how to handle a situation.
   - [ ] AGREE
   - [ ] DISAGREE
   - [ ] NOT SURE

23. I would feel shy to ask my boyfriend to use a condom.
   - [ ] AGREE
   - [ ] DISAGREE
   - [ ] NOT SURE

24. I would feel comfortable to talk to a nurse about how I can prevent unwanted pregnancy.
   - [ ] AGREE
   - [ ] DISAGREE
   - [ ] NOT SURE

25. If I tested positive for HIV, I could tell my family about it.
   - [ ] AGREE
   - [ ] DISAGREE
   - [ ] NOT SURE

26. When I go out with my friends, I can have fun without alcohol.
   - [ ] AGREE
   - [ ] DISAGREE
   - [ ] NOT SURE

And finally... We would like to ask you some questions about yourself and the Galz & Goals programme.

**REMEMBER:** Your answers are completely anonymous, so please be as open as you can. Again, mark your answer.

27. Were you told how to get help if something happens to you during Galz & Goals activities (e.g. injury, problem with players, coach)?
   - [ ] YES
   - [ ] NO
   - [ ] Rather not answer

28. Has taking part in the Galz & Goals programme helped you in your life in at least one way?
   - [ ] YES
   - [ ] NO
   - [ ] NOT SURE

29. Is your Galz & Goals football coach a positive role model for you?
   - [ ] YES
   - [ ] NO
   - [ ] Rather not answer

30. Does anyone in your family support you in playing football?
   - [ ] YES
   - [ ] NO
   - [ ] Rather not answer

31. Do you have a boyfriend?
   - [ ] YES
   - [ ] NO
   - [ ] Rather not answer

32. Has anyone ever asked you to have sex?
   - [ ] YES
   - [ ] NO
   - [ ] Rather not answer

33. Have you ever been tested for HIV?
   - [ ] YES
   - [ ] NO
   - [ ] Rather not answer

34. Did you have sex with anyone in the last 12 months?
   - [ ] YES
   - [ ] NO
   - [ ] Rather not answer

35. If you had sex: Did you and your partner use a condom the last time you had sex?
   - [ ] YES
   - [ ] NO
   - [ ] Rather not answer

36. Do most of your friends drink alcohol?
   - [ ] YES
   - [ ] NO
   - [ ] Rather not answer

37. Did you drink any alcohol in the last month (30 days)?
   - [ ] YES
   - [ ] NO
   - [ ] Rather not answer

Thank you for completing this questionnaire!