Galz & Goals – START OF SEASON - Player Survey

This questionnaire helps us understand whether Galz & Goals meets your information and health needs. Please answer truthfully. If you are not comfortable with a question, leave it out or mark the appropriate box.

All answers are confidential. DO NOT PUT YOUR NAME ON THIS SHEET.

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<thead>
<tr>
<th>Date (day/month/year)</th>
<th>Region</th>
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<tr>
<th>Name of your School</th>
<th>What grade are you in?</th>
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<tr>
<th>Name of your Team</th>
<th>What league do you play?</th>
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What do you know? Carefully read the statements below. Are they TRUE or FALSE? Mark your answer [ ].

1. If you have only one sexual partner, you are safe from HIV and other sexually transmitted infections. [ TRUE ] [ FALSE ]

2. Young women/girls are more likely to get HIV from unprotected sex than young men/boys. [ TRUE ] [ FALSE ]

3. You cannot fall pregnant when you have sex for the first time. [ TRUE ] [ FALSE ]

4. You can live with HIV for many years without feeling sick. [ TRUE ] [ FALSE ]

5. There is nothing a pregnant woman with HIV can do to protect her baby from the virus. ... [ TRUE ] [ FALSE ]

6. If you are 16 years old, you can get tested for HIV without your parents. [ TRUE ] [ FALSE ]

7. When it comes to HIV, sex with an older man is riskier than with a partner your own age. [ TRUE ] [ FALSE ]

8. I can easily get information about HIV/AIDS, contraception and sexual health. [ TRUE ] [ FALSE ]

Know your skills! Do you recognize the skills described in the examples below? Read carefully and mark your answer [ ].

9. Thinking about what the most important things to focus on are in your life right now is an example of...
   - [ ] SPEAKING UP
   - [ ] SETTING & ACHIEVING GOALS
   - [ ] BEING PREPARED

10. Thinking about options and consequences before making a decision is an example of...
    - [ ] BEING AWARE OF YOU SURROUNDINGS
    - [ ] DISCIPLINE
    - [ ] SURROUNDING YOURSELF WITH PEOPLE WHO SUPPORT YOU

11. Taking a stand for what you believe in is an example of...
    - [ ] BEING PREPARED
    - [ ] SPEAKING UP
    - [ ] DISCIPLINE

12. Developing a study schedule to help you stay on top of your studies is an example of...
    - [ ] SPEAKING UP
    - [ ] SETTING & ACHIEVING GOALS
    - [ ] BEING PREPARED

13. Staying at home to be ready for the next day’s game, even when there is a big party is an example of....
    - [ ] BEING AWARE OF YOU SURROUNDINGS
    - [ ] DISCIPLINE
    - [ ] SPEAKING UP

14. Having at least one person in your life that you can always ask for help is an example of...
    - [ ] SPEAKING UP
    - [ ] DISCIPLINE
    - [ ] SURROUNDING YOURSELF WITH PEOPLE WHO SUPPORT YOU
Galz & Goals – START OF SEASON Player Survey - Continued

What do you think? Carefully read the statements below. Do you agree or disagree with them? Mark your answer ☐.

15. In a relationship, partners should take important decisions together. ☐ AGREE ☐ DISAGREE ☐ NOT SURE
16. In some situations, a man/boy has the right to hit his partner. ............ ☐ AGREE ☐ DISAGREE ☐ NOT SURE
17. A girl can have a boyfriend without having sex. .................................... ☐ AGREE ☐ DISAGREE ☐ NOT SURE
18. I feel comfortable around people that I know are HIV positive. ............ ☐ AGREE ☐ DISAGREE ☐ NOT SURE
19. In a group, I feel I have to do what everyone else does. ......................... ☐ AGREE ☐ DISAGREE ☐ NOT SURE
20. When I make a decision, I can stick to it. ............................................. ☐ AGREE ☐ DISAGREE ☐ NOT SURE
21. I can set goals for myself and reach them. ......................................... ☐ AGREE ☐ DISAGREE ☐ NOT SURE
22. I am comfortable asking for help if I do not know how to handle a situation. ☐ AGREE ☐ DISAGREE ☐ NOT SURE
23. I would feel shy to ask my boyfriend to use a condom. ......................... ☐ AGREE ☐ DISAGREE ☐ NOT SURE
24. I would feel comfortable to talk to a nurse about how I can prevent unwanted pregnancy. ☐ AGREE ☐ DISAGREE ☐ NOT SURE
25. If I tested positive for HIV, I could tell my family about it. .................... ☐ AGREE ☐ DISAGREE ☐ NOT SURE
26. When I go out with my friends, I can have fun without alcohol. ............. ☐ AGREE ☐ DISAGREE ☐ NOT SURE

And finally We would like to ask you some questions about yourself and the Galz & Goals programme. 
REMEMBER: Your answers are completely anonymous, so please be as open as you can. Again, mark your answer ☐.

27. Have you already played football last season? ☐ YES ☐ NO ☐ Rather not answer
28. Has your team taken part in Galz & Goals activities last season? ☐ YES ☐ NO ☐ NOT SURE
29. Is your Galz & Goals football coach a positive role model for you? ☐ YES ☐ NO ☐ Rather not answer
30. Does anyone in your family home support you in playing football? ☐ YES ☐ NO ☐ Rather not answer
31. Do you have a boyfriend? ☐ YES ☐ NO ☐ Rather not answer
32. Has anyone ever asked you to have sex? ☐ YES ☐ NO ☐ Rather not answer
33. Have you ever been tested for HIV? ☐ YES ☐ NO ☐ Rather not answer
34. Did you have sex with anyone in the last 12 months? ☐ YES ☐ NO ☐ Rather not answer
35. If you had sex: Did you and your partner use a condom the last time you had sex? ☐ YES ☐ NO ☐ Rather not answer/Did not have sex
36. Do most of your friends drink alcohol? ☐ YES ☐ NO ☐ Rather not answer
37. Did you drink any alcohol in the last month (30 days)? ☐ YES ☐ NO ☐ Rather not answer

Thank you for completing this questionnaire!