Galz & Goals – START OF SEASON - Player Survey

PRE

This questionnaire helps us understand whether Galz & Goals meets your information and health needs. Please answer truthfully. If you are not comfortable with a question, leave it out or mark the appropriate box.



All answers are confidential. DO NOT PUT YOUR NAME ON THIS SHEET.

Date (day/month/year)							Region							
Name of your School							What grade are you in?							
Name of your Team							What league do you play?	U13	U	15	U17	'	U20)

What do you know? Carefully read the statements below. Are they TRUE or FALSE? Mark your a	nswer 🗷.	
1. If you have only one sexual partner, you are safe from HIV and other sexually transmitted infections.		FALSE
2. Young women/girls are more likely to get HIV from unprotected sex than young men/boys.		FALSE
3. You cannot fall pregnant when you have sex for the first time.		FALSE
4. You can live with HIV for many years without feeling sick.		FALSE
5. There is nothing a pregnant woman with HIV can do to protect her baby from the virus		FALSE
6. If you are 16 years old, you can get tested for HIV without your parents.		FALSE
7. When it comes to HIV, sex with an older man is riskier than with a partner your own age.		FALSE
8. I can easily get information about HIV/AIDS, contraception and sexual health.		FALSE

Know your skills! *Do you recognize the skills described in the examples below? Read carefully and mark your answer* **X**.

9. Thinking about what the most important things to focus on are in your life right now is an example of..

5. 11111	5. Thinking about what the most important things to rocus on are in your mengit now is an example of											
	SPEAKING UP		SETTING & ACHIEVING GOALS		BEING PREPARED							
10. Thi	nking about options and co	nseq	uences before making a decision is	an ex	ample of							
	BEING AWARE OF YOU SURROUNDINGS		DISCIPLINE		SURROUNDING YOURSELF WITH PEOPLE WHO SUPPORT YOU							
11. Tak	king a stand for what you be	elieve	e in is an example of									
	BEING PREPARED		SPEAKING UP		DISCIPLINE							
12. Dev	veloping a study schedule t	o hel	p you stay on top of your studies is	an ex	ample of							
	SPEAKING UP		SETTING & ACHIEVING GOALS		BEING PREPARED							
13. Sta	ying at home to be ready fo	or the	e next day's game, even when there	is a l	big party is an example of							
	BEING AWARE OF YOU SURROUNDINGS		DISCIPLINE		SPEAKING UP							
14. Hav	ving at least one person in	our	ife that you can always ask for help	is an	example of							
	SPEAKING UP		DISCIPLINE		SURROUNDING YOURSELF WITH PEOPLE WHO SUPPORT YOU							

Galz & Goals – START OF SEASON Player Survey - Continued

What do you think? Carefully read the statements below. Do you agree or disagree with them? Mark your answer 🗷.

15. In a relationship, partners should take important decisions together.		
16. In some situations, a man/boy has the right to hit his partner		
17. A girl can have a boyfriend without having sex		
18. I feel comfortable around people that I know are HIV positive		
19. In a group, I feel I have to do what everyone else does		
20. When I make a decision, I can stick to it.		
21. I can set goals for myself and reach them		
22. I am comfortable asking for help if I do not know how to handle a situation.		
23. I would feel shy to ask my boyfriend to use a condom		
24. I would feel comfortable to talk to a nurse about how I can prevent unwanted pregnancy.		
25. If I tested positive for HIV, I could tell my family about it		
26. When I go out with my friends, I can have fun without alcohol		
And finally We would like to ask you some questions about yourself and the REMEMBER: Your answers are completely anonymous, so please be as open of		swer 🗷.

27. Have you already played football last season?	YES	ΠNO	Rather not answer
28. Has your team taken part in Galz & Goals activities last season?			
29. Is your Galz & Goals football coach a positive role model for you?			Rather not answer
30. Does anyone in your family home support you in playing football?			Rather not answer
31. Do you have a boyfriend?	YES		Rather not answer
32. Has anyone ever asked you to have sex?	YES		Rather not answer
33. Have you ever been tested for HIV?			Rather not answer
34. Did you have sex with anyone in the last 12 months?			Rather not answer
35. <i>If you had sex:</i> Did you and your partner use a condom the last time you had sex?			Rather not answer/ Did not have sex
36. Do most of your friends drink alcohol?			Rather not answer
37. Did you drink any alcohol in the last month (30 days)?			Rather not answer

Thank you for completing this questionnaire!