

Summer Camp August 2016

Goal:

The goal of this Summer Camp is to give an idea to youth about their options regarding their future in a fun and playful manner, where they learn about themselves through counseling and performing life skills through sports.

Target group:

Youth 14-16 years-old - f/m

80 Participants from Jerusalem

Partners:

Lutheran World Federation, Palestine Sports for Life, GIZ programmes (TEP and Sport for Development)

Location:

LWF Vocational Training Centre, Beit Hanina Jerusalem

The Summer Vocational Skills Training Program provides youth with the opportunity to develop core vocational skills through individual and dynamic group activities. The program, held for a one week session in the Lutheran world federation school, is specially designed for transition-age youth between the ages of 14 -16.

The highly trained vocational staff will work closely with each programme participant to develop core work-related skills. They will begin their work with a comprehensive vocational assessment to determine individual aptitude, interests, and abilities along with sport. The youth will have the chance to encounter seven workshops the first three days. Participants will go to different workshop visits to explore different work-based activities; there they will have the opportunity to ask questions about daily life on the job. The participants will learn and practice skills and be coached on proper behaviour in the workplace. This behaviour will be taught using capacity building using sport, which will teach life skills (e.g. social interaction, leadership and communication), and they will gain hands-on experience in the areas they are interested in. Specifically, the last two days they will be tasked with producing a product.

The programme engages participants in the experiential learning process and offers opportunities for young adults to begin planning for the future. From engaging, hands-on classroom-based instruction to increasing social skills through sport to obtaining real job experiences, participants are exposed to many of the diverse aspects of the world of work.

First day

We will introduce the youth to vocational professions and the labour market situation, as well as provide a tour in the school. They will undergo an online test on www.tvet.ps, in the LWF, which will help reflect on the specific abilities, interests and character traits of the youth that fit with specific vocational positions. The counsellor can elaborate more on this topic from the vocational perspective. Accompanying them are sport coaches who will be doing life skills exercises regarding the theoretically discussed topics. For example, we know that youth have high ambitions that do not match reality sometimes; hence sport coaches will conduct exercises focusing on ambition and reality determination. In this exercise, the youth will be provided an idea through sports and that with perseverance one can achieve what he wants.

Second and Third Day

The youth will be divided into groups and each group will have the opportunity to visit all workshops so that they can explore and inquire more about each labour market. The youth will be rotating among the workshops to see the options they have for the Summer Camp and later on they will experience firsthand the labour market. During the rotation, each group will also have a sport session where they will learn life skills that are necessary for personal and social development.

Fourth and Fifth day

After seeing the workshops and receiving all the information, the youth will have a better understanding of what they want to do for their futures. Each youth will go to the profession that he picked and will have the opportunity to see it and gain first hand on experience. Participants will be given a small project where they will produce a product. The projects will be completed by either group work within some workshops or as a team. In these two days, participants will gain more understanding on how powerful life skills are because they will have to communicate and work as a team and work under pressure to complete the product. These life skills will be reinforced through sport, and will allow for better understanding of them.

Sixth Day

The youth will be concluding their projects and will present them. The parents can come and have a tour in the school and see their kids at work. As an ending to Summer Camp, the parents will see the finished projects that their child/participants produced, which will help participants to have a better understanding of the VTC's and the ambition of their youth.