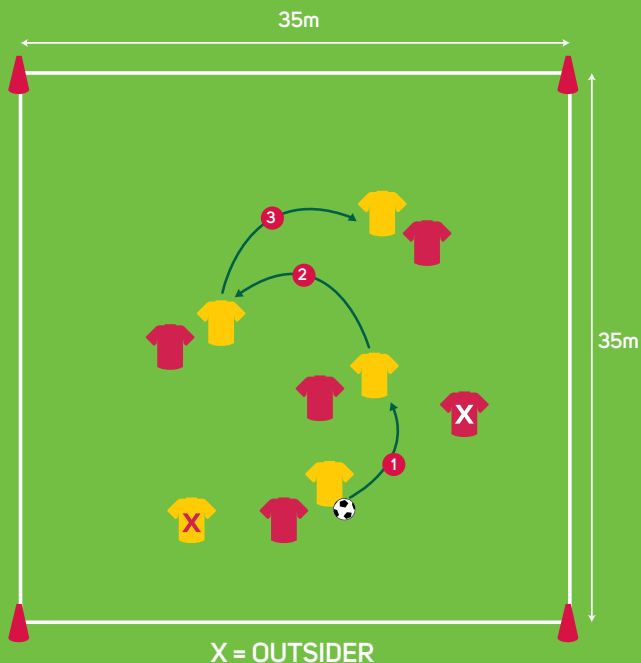


## BALL POSSESSION

# OUTSIDER GAME

PARTICIPANTS  
10 OR MORE

EQUIPMENT  
CONES  
FOOTBALL  
BIBS



## What to do

Create two teams which play against each other. Both teams have an outsider who will not be included in the course of the game. The teammates do not pass the ball to the outsider. The selection of the outsiders is done by the coach. The coach will instruct both teams not to pass the ball to the outsider on their team. The outsider should not be aware of the instruction given to the team.

### VARIATION:

One team scores by passing the ball to the outsider.

The other team tries to mark the outsider, preventing them from scoring.

## FOLLOW UP DISCUSSION

How was the drill?

The outsiders share with other players what it felt like not having the ball and being ignored.

Relate the experience to how stereotyping plays can lead to violence.

Changing perspective helps to promote peace.

*Coaching tips: Ball possession and accurate passing.*