

What to do

Mark out a square large enough for the number of players. All players have to move around as they pass the balls within the marked field. One player (acts as a perpetrator) tries to tag players who don't have the ball. The players are safe if they have the ball; if they are tagged they have to run one lap around the marked field before re-entering the game. The coach instructs the players, that if they see someone being chased by the perpetrator they should pass the ball to them.

VARIATION:

You can add more taggers (2 to 4) and more balls, this will prompt more communication.

FOLLOW UP DISCUSSION

How was the drill?

What is your role in preventing violence or protecting others from violence (relate this to the act of passing the ball to the other players in the game)?

How can we assist each other as peers in avoiding violence?

Coaching tips: Ball circulation, space, accurate passing and communication.

Be your neighbor's keeper!