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Capacity Development: Quality Assurance System
# Athletics for Development (A4D) in Uganda

The learning experiences from other countries have shown that a 3-5 day workshop on a sport for development method is a good period where some coaches manage to implement the newly learned methods. However, the transfer of gained knowledge and abilities into a working context is the most difficult step and coaches might encounter on-site challenges that require *mentorship* by instructors.

Therefore, it is suggested to put in place a *quality assurance system* with different components (see below). Following the Guideline Ensuring Quality Education in S4D, the aim is to make sure that the learned methods get implemented in the trainings with the children and youth in a good quality. The suggested system is not fixed: it depends on the feedback of all involved parties and also on components of M&E to learn what works best in the context of A4D in Uganda.

The following steps should be fulfilled in the A4D CD process on Individual Level:

LEVEL I: A4D Basic Workshop

- Follow approved Agenda
- Before the start of the course a pre questionnaire should be filled out by the participants
    o Tool: PRE Questionnaire
- Training lead by two A4D Instructors (supervised by lead instructors)
- 3-4 days **practical and theoretical** session (full attendance necessary)
    o Tool: Attendance sheet for workshops
- Development of an implementation plan per coach/ teacher
- Post-Workshop Questionnaire to be filled out after course
    o Tool: POST Questionnaire
- Certificate of Attendance after coaching course

Implementation Phase of A4D Coach

- At least two A4D sessions per week
    o Template Planning and Reviewing Sheet for S4D Training Sessions
- With at least 30 participating children and youth per session
    o Example Tool: Attendance Sheet Children & Youth (others available)

Coaching Observation

- Visit during a training session at least once within the first 3 months of implementation by one of the instructors who also trained the coach/ teacher
    o Tool: Follow-up observation and interview
    o Guideline for Instructors: How to perform Follow-up Coaching Visits

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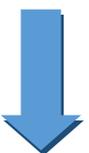
<table>
<tr><td align="center">**Level II: A4D Completion Training Advanced Workshop**</td></tr>
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- After 3-5 months of Basic Training (Level I)
- Lead by one or two instructors
- Combination of a recap of the basic training, sharing of experiences as well as a new topic (e.g. in the beginning this could be how to work with the digital version of the A4D manual)
- Only at the end of this training and if all other steps have been fulfilled participant would get "completion certificate"
    - o   Tool: [Focus Group Discussion with coaches](#) (example Pal. Territories)

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Additionally A4D events should be provided:

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<tr><td align="center">**Events (A4D clubs and festivals)**</td></tr>
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- Coaches should be encouraged to form A4D clubs in school, community
- Festivals should be organized to bring children and youth together on common thematic areas.
    - o   Guideline: [Systems to Organize Tournaments](#)

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